OBSESSIONAL NEUROSES
PART II

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Types of Obsessional Neuroses

1) Obsessional Ideas.
2) Obsessional Affects.:
   a -self-reproaches.
   b -shame.
   c -hypochondriacal anxiety.
   d -social anxiety.
   e -delusions of being noticed.
   f -fear of temptation, etc.
Types of Obsessional Neuroses

3) Obsessional Actions (Rituals):
   - penitential ceremonies:
     - burdensome ceremonials.
     - observations of numbers, etc.
   - precautionary measures:
     - all sort of phobias.
     - pedantry.
     - superstitions.
     - overconscientiousness.
Types of Obsessional Neuroses

- fear of betrayal:
  - collecting scraps of paper.
  - seclusiveness.

- measures ensuring some numbing of the mind:
  - dipsomania.
Checking many times before leaving the house:

- Irons
- Doors
- Lights
- Ovens
- Etc, etc
Washing Hands Compulsion
Fixation and regression in O.N.

1) An important fixation at the anal-sadistic stage is a sine-qua-non of an O.N.

2) A regressive move from oedipal phase to anal-sadistic stage occurs (defusion).

3) The ego-superego reacts with horror to the anal-sadistic regression.
Characteristics and Clinical Picture

1) Lack of belief in the obsessional thoughts

2) Anxiety at the interruption of the ritual.

3) Thinking in Obsessional Neuroses.

4) Ambivalence in Obsessional Neuroses.
Characteristics and Clinical Picture (cont.)

- 5) Omnipotence and magical thinking in O.N.
- 6) Doubt and Obsessional Neuroses.
The Ego in Obsessional Neuroses

1) A precondition of O.N is a very precocious ego.

2) Some differences and similarities between Hysteria and O.N.
Ego Defences and O.N.

1) Repression.
2) Displacement.
3) Reaction Formation.
4) Intellectualization.
5) Doing and Undoing.
6) Isolation of Affects.
7) Isolation of Contents.
The Super-Ego in O.N.

1) Very severe, punitive and archaic.

2) Partly related to ego precociousness.

3) Partly related to libidinal regression (defusion of instinct with aggressivity going to the super-ego).
Pharmacotherapy
Treatment Approaches

1- Pharmacotherapy: doses, effectiveness, etc

2- Behaviour Modification Therapy

3- Psychotherapy

4- Psychoanalysis

5- Combinations of the above
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