

# *The Carter–Jenkins Center presents*



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Professor Emeritus of Psychiatry, University of Michigan  
Professor Emeritus of Psychiatry, University of South Florida  
Psychoanalyst, Children, Adolescents and Adults**

**ADOLESCENCE:  
Diagnostic, Prognostic and  
Developmental Considerations**

**by**

**Humberto Nágera M.D.**

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20, MARESFIELD GARDENS,

LONDON, N. W. 3.

01-435 2002.

October 16, 1970.

Dear Dr. Nagera,

This is just to tell you how very much I like your paper on Adolescence. I was quite delighted with it. It is for my feeling the best that has been written on the subject for very many years, in spite of all the numerous publications which have appeared.

I have one regret only: that it is not any longer a "product of the Hampstead Child Therapy Clinic".

Manna Friedman told us quite a lot about your place and I was very glad to hear it all.

With best regards,

yours sincerely

A handwritten signature in cursive script, appearing to read "Anna Freud". The signature is written in dark ink and is positioned below the typed name "yours sincerely".

# Adolescence

- 1) **The adolescent present day revolt**
  
- 2) **The five different classes of phenomena:**
  - a) **The left overs from earlier developmental phases**
  - b) **Symptoms or behavioral disorders derived from conflicts of the adolescent stage**
  - c) **The environmental impact in the adolescent stage**
  - d) **Parental or familial interferences**
  - e) **Social or environmental interferences**

# Adolescence

- 3) Problems due to peer group pressures
- 4) Conflicts due to opposite ego and superego ideals
- 5) What should the diagnostician do?
- 6) Factors concerning changes in child rearing practices, socio-cultural changes and their possible influence in structure formation and development:
  - a) Changes in the setting of limits and controls

# Adolescence

- b) Sheltering children against increasing negative influences**
- c) The present parental role confusion**
- d) Adolescents exposure to manipulation techniques**
- e) Present difficulties in the search for an identity**

# Adolescence

- 7) The problems in the development of the super-ego structure and the ego and super-ego ideals (two mechanisms involved):
  - a) First mechanism
  - b) Second mechanism
  
- 8) Changes in the roles played in the past by religion, church, police, courts, etc., as external superegos



**For any further information about:**

## **THE CARTER-JENKINS CENTER**

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**THE END**

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