

The Carter-Jenkins Center

presents



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On Fixation and Regression

Part I

by

Humberto Nágera M.D.

**Professor of Psychiatry at the University of South
Florida,
Professor Emeritus University of Michigan,
Psychoanalyst of Children, Adolescents and Adults**

Fixation and Regression

- 1. Two neglected but essential psychoanalytic concepts**
- 2. Ascertaining what is due to fixation or to regression in children**
- 3. Ascertaining what is due to fixation and/or regression in adults**
- 4. Different meanings of the term fixation**

Fixation and Regression

- 5) Establishing the existence of fixation points at any given level of development by various means**
- 6) Fixation versus regression, which one is it?**
- 7) The possible combinations of fixation and regression**
- 8) Another result of massive regressions**

Fixation and Regression

9) Summarizing

10) Illustration in a four and a half years old boy

11) The vicisitudes of the form of expression of fixations

12) Complications in the assesment of adults

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