

# *The Carter-Jenkins Center*

*presents*



# Humberto Nágera M.D.

Psychiatry Professor, Univ. of South Florida

Professor Emeritus University of Michigan

Child, Adolescent and Adult Training Psychoanalyst

Director, The Carter Jenkins Center



# **On Fixation and Regression Part II**

**by**

**Humberto Nágera M.D.**

**Professor of Psychiatry at the University of South  
Florida,  
Professor Emeritus University of Michigan,  
Psychoanalyst of Children, Adolescents and Adults**

# Fixation and Regression

- Two neglected but essential psychoanalytic concepts
- Ascertaining what is due to fixation or to regression in children
- Ascertaining what is due to fixation and/or regression in adults
- Different meanings of the term fixation
- [\(Slide 5\)](#)

# Fixation and Regression

- 5) Establishing the existence of fixation points at any given level of development by various means
- 6) Fixation versus regression, which one is it?
- 7) The possible combinations of fixation and regression
- 8) Another result of massive regressions

# Fixation and Regression

**9) Summarizing**

**10) Illustration in a four and a half years old boy**

**11) The vicisitudes of the form of expression of fixations**

**12) Complications in the assesment of adults**

# Fixation and Regression

13) Fixation Points: Some Clinical Problems

14) General Developmental Considerations

# Fixation and Regression

## *References*

- Freud, A. (1963). Regression as a principle in mental development. *Bulletin of the Menninger Clinic* 27.
- Freud, S. (1911). Psycho-analytic notes on an autobiographical account of a case of paranoia (dementia paranoides). *Standard Edition* 12:3-84.
- (1913). The claims of psycho-analysis to scientific interest. *Standard Edition* 13:165-1920.
- (1916-1917). Introductory lectures on psycho-analysis. *Standard Edition* 15/16:3-496.
- (1926). Inhibitions, symptoms and anxiety. *Standard Edition* 20:77-178.
- (1937). Analysis terminable and interminable. In *Collected Papers*, Vol. 5, pp. 316-357. London: 1950.



# **On Fixation and Regression**

## **Part II**

**by**

**Humberto Nágera M.D.**

**Professor of Psychiatry at the University of South  
Florida,**

**Professor Emeritus University of Michigan,  
Psychoanalyst of Children, Adolescents and Adults**

# *A Carter–Jenkins Center*

*production*



# *The End*

*Copyright 2010*

