

OBSESSIONAL NEUROSES

PART II

By

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Types of Obsessional Neuroses

- 1) Obsessional Ideas.
- 2) Obsessional Affects.:
 - a -self-reproaches.
 - b –shame.
 - c –hypochondriacal anxiety.
 - d –social anxiety.
 - e –delusions of being noticed.
 - f –fear of temptation, etc.

Types of Obsessional Neuroses

- 3) Obsessional Actions (Rituals).:
 - penitential ceremonies:
 - burdensome ceremonials.
 - observations of numbers, etc.
 - precautionary measures:
 - all sort of phobias.
 - pedantry.
 - superstitions.
 - overconscientiousness.

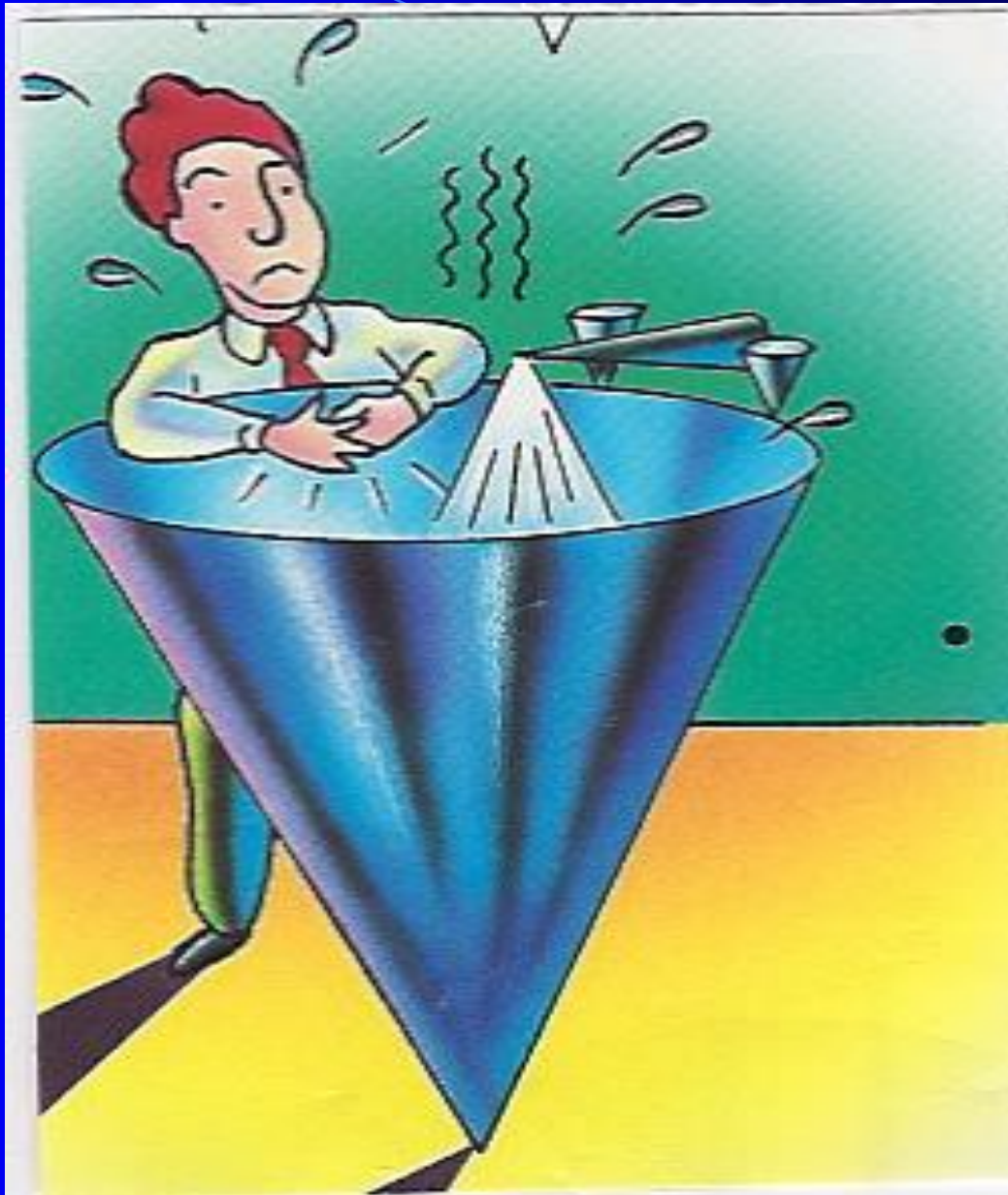
Types of Obsessional Neuroses

- fear of betrayal:
 - collecting scraps of paper.
 - seclusiveness.
- measures ensuring some numbing of the mind:
 - dipsomania.



- **Checking many times before leaving the house:**
- **Irons**
- **Doors**
- **Lights**
- **Ovens**
- **Etc,etc**

Washing Hands Compulsion





Fear of Contamination

Fixation and regression in O.N.

- 1) An important fixation at the anal-sadistic stage is a sine-qua-non of an O.N.
- 2) A regressive move from oedipal phase to anal-sadistic stage occurs (defusion).
- 3) The ego-superego reacts with horror to the anal-sadistic regression.

Characteristics and Clinical Picture

- 1) Lack of belief in the obsessional thoughts
- 2) Anxiety at the interruption of the ritual.
- 3) Thinking in Obsessional Neuroses.
- 4) Ambivalence in Obsessional Neuroses.

Characteristics and Clinical Picture (cont.)

- **5) Omnipotence and magical thinking in O.N.**
- **6) Doubt and Obsessional Neuroses.**

The Ego in Obsessional Neuroses

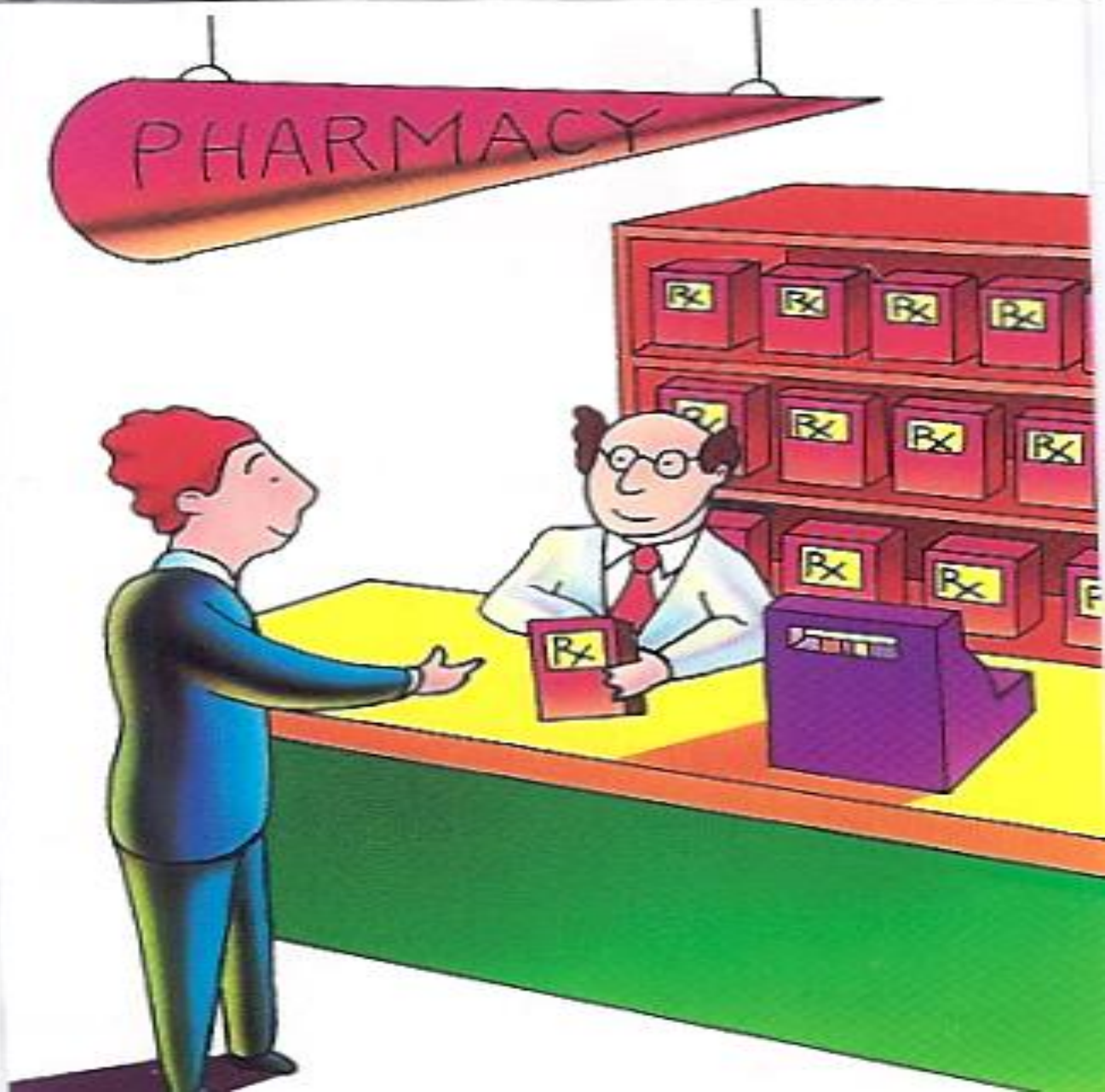
- 1) A precondition of O.N is a very precocious ego.
- 2) Some differences and similarities between Hysteria and O.N.

Ego Defences and O.N.

- 1) Repression.
- 2) Displacement.
- 3) Reaction Formation.
- 4) Intellectualization.
- 5) Doing and Undoing.
- 6) Isolation of Affects.
- 7) Isolation of Contents.

The Super-Ego in O.N.

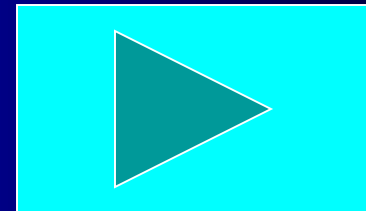
- **1) Very severe, punitive and archaic.**
- **2) Partly related to ego precociousness.**
- **3) Partly related to libidinal regression
(defusion of instinct with aggressivity
going to the super- ego).**



Pharmacotherapy

Treatment Approaches

- 1- Pharmacotherapy: doses, effectiveness, etc
- 2- Behaviour Modification Therapy
- 3- Psychotherapy
- 4- Psychoanalysis
- 5- Combinations of the above



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